

14 February 2022

Dear Parents and Carers,

RE: Banning nut-based products from school

We have an increasing number of pupils and staff in our school who have nut allergies. Anaphylaxis, (a severe allergic reaction) can occur as a result of **digestion, inhalation or any other contact** with nut-based products. For their safety, all nut-based products have been banned from the academy.

Please do not send your child into school with any nut-based product for their packed lunch or snack - this includes products that may contain traces of nuts.

Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Some snack pots containing nuts

It is important that you check the labelling of food products before sending your child in to school with them – it is not always apparent that products contain nuts or traces of nuts.

We also ask that, if your child consumes any nut-based product before school, they wash their hands thoroughly and rinse their mouth before entering the school grounds. We understand that these measures may seem extreme; however, we want to ensure the health and safety of all our pupils, and some of the pupils with the allergy are severe enough that even the slightest of contact with nuts could cause a severe and potentially life-threatening reaction.

Due to the severity of the allergy, if any pupil is found with a nut-based product after this letter has been distributed, the school will confiscate it and contact parents straight away.

Thank you in advance for your cooperation with this matter.

Yours sincerely



Hannah Azadi

Health & Wellbeing Officer